SSS TRIPLE·S SALUD ⊕ ◉ :   **Óptimo Plus** NGF$50/$5/$10/$10   **Coverage for:** Ind/Ind + 1/Fam | **Plan Type:** PPO

⚠️   **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage , you can access **www.ssspr.com** or call (787) 774-6060.

For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call **1-800-981-3241** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall plan deductible?	**$0**	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Does not apply	You don't have to meet deductibles for specific services, but a copayment or coinsurance may apply.
Are there other deductibles for specific services?	No	You do not have to pay deductibles for specific services.
What is the out-of-pocket limit for this plan?	No	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, health care this plan doesn't cover, payments for non essential benefits, out of network coinsurance / copayments, and penalties for failure to obtain precertification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See **www.ssspr.com** or call **1-800-981-3241 for a list of network provider.**	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com
(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date:5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)   **1 of 8**

	All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$5 copay / visit	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	--------------none-------------
	Specialist/ subspecialist visit	$10 copay / specialist visit $10 copay / subspecialist visit	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	--------------none-------------
	Preventive care/screening /immunization	No charge for preventive services according to the Federal Law No charge for other immunizations 20% coinsurance for the immunization for respiratory syncytial virus	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Immunization for respiratory syncytial virus requires precertification. You may have to pay for non-preventive services. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	25% coinsurance	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	--------------none-------------
	Imaging (CT/PET scans, MRIs)	25% coinsurance	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Pet Scan and PET CT, up to one (1) per policy year, subject to precertification. MRI and CT, up to one (1) per anatomical region, per policy year.

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.ssspr.com.	**FH-11** Level 1: Generic drugs	$5 copay / $10 copay mail order	Prescription drug coverage - covered in United States or its territories by reimbursement to the members up to 75% of Triple-S Salud established fees, less the applicable drug copayment or coinsurance.	The following rules apply: • This coverage is subject to a Drug List. • Generic drugs as first option. • Up to 30-day (retail) supply and 90-day supply or mail order for some maintenance drugs. • Mail order is not available for specialty drugs or drugs for chemotherapy. • Some medications require precertification from the plan and the use of step therapy.
	Level 2: Preferred Brand drugs	$10 copay / $20 copay mail order		
	Level 3: Non-Preferred Brand drugs	$15 copay / $30 copay mail order		
	Specialty drugs	20% maximum $100		
	Drugs for chemotherapy	No Charge		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$50 copay / visit	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	-------------none--------------
	Physician / surgeon fees	No Charge	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	-------------none--------------
If you need immediate medical attention	Emergency room care	$50 copay / visit	$50 copay / visit	$25 copay if recommended by *Teleconsulta*. Coinsurance may apply for non-routine diagnostic tests other than x-rays.
	Emergency medical transportation	Up to $80 / occurrence	Up to $80 / occurrence	Covered by reimbursement

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	$50 copay / admission	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	-------------none--------------
	Physician/surgeon fees	No charge, except for lithotripsy and invasive cardiovascular test	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Lithotripsy requires precertification.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	$5 copay / group therapy $10 copay / visit (includes collaterals)	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Up to 15 group therapies visits per policy year, per member.
	Inpatient services	$50 copay / admission $50 copay / partial admission	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	-------------none--------------
If you are pregnant	Office visits	No charge / preventive annual visit $10 copay / routine care visit	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No charge	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery facility services	$50 copay / admission	Covered in emergency cases, and is going to be paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	
If you need help recovering or have other special health needs	Home health care	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Up to 40 visits per policy year for physical, occupational and speech therapies. Requires precertification.
	Rehabilitation services	$7 copay / physical therapies and chiropractor's manipulations	Paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Up to 20 physical therapies and manipulations (combined) per policy year, per member.
	Habilitation services	See Rehabilitation services.	See Rehabilitation services.	See Rehabilitation services.
	Skilled nursing care	No charge	Covered by reimbursement or assignment of benefits	Up to 120 days per year, per member. Requires precertification.
	Durable medical equipment	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Up to $5,000 per year, per member. Requires precertification.
	Hospice service	Not covered	Not covered	Not covered
If your child needs dental or eye care	Children's eye exam	25% coinsurance	Paid to the provider based on whichever is less between what you pay for and the plan fee to the provider in network, discounting the copay.	Up to one (1) refraction exam per member, per year.
	Children's glasses	Not covered	Not covered	Not covered

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Children's dental check-up	**DA-20** No charge	Not covered	Cleanings covered in intervals of not less than six months of the last date of service. Periapical and radiographs of bite covered no more of a complete game, every three years. Topical fluoride only for children under 19 years.

Excluded Services & Other Covered Services:

Services Your **Plan** Generally Does NOT Cover (Check your policy or **plan** document for more information and a list of any other **excluded services**.)

• Acupuncture	• Infertility treatment	
• Cosmetic surgery	• Long-term care	• Private-duty nursing
• Glasses	• Non-emergency care when traveling outside the U.S.	• Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your **plan** document.)

• Bariatric surgery subject to pre-certification	• Hearing aids (cover through Mayor Medical Coverage)	
• Chiropractic care		• Routine foot care
• Dental care	• Routine eye care	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage. For more information about the individual insurance coverage, visit www.ssspr.com or call 787-774-6060 or toll free 1-800-981-3241.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or visit www.ssspr.com or call 787-774-6060 or toll free 1-800-981-3241.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **787-774-6060** or toll free **1-800-981-3241**.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **787-774-6060** or toll free **1-800-981-3241**.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 **787-774-6060** or toll free **1-800-981-3241**.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' **787-774-6060** or toll free **1-800-981-3241**.

*To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.*

For more information about limitations and exceptions, see the plan or policy document at www.ssspr.com

About these Coverage Examples:

⚠️ **This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- network pre-natal care and a hospital delivery)	Managing Joe's type 2 Diabetes (a year of routine in–network care of a well – controlled condition)	Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall deductible $0	■ The plan's overall deductible $0	■ The plan's overall deductible $0
■ Specialist copayment $10	■ Specialist copayment $10	■ Specialist copayment $10
■ Hospital (facility) copayment $50	■ Hospital (facility) copayment $50	■ Hospital (facility) copayment $50
■ Other coinsurance 25%	■ Other coinsurance 25%	■ Other coinsurance 25%

This EXAMPLE event includes services like:

Specialist office visits *(prenatal care)*	Primary care physician office visits *(including disease education)*	Emergency room care *(including medical supplies)*
Childbirth/Delivery Professional Services	Diagnostic tests *(blood work)*	Diagnostic test *(x-ray)*
Childbirth/Delivery Facility Services	Prescription drugs	Durable medical equipment *(crutches)*
Diagnostic tests *(ultrasounds and blood work)*	Durable medical equipment *(glucose meter)*	Rehabilitation services *(physical therapy)*
Specialist visit *(anesthesia)*		

Total Example Cost	$12,035	Total Example Cost	$6,155	Total Example Cost	$1,558

In this example, Peg would pay:

Cost Sharing	
Deductibles	$0
Copayments	$60
Coinsurance	$400
What isn't covered	
Limits or exclusions	$0
The total Peg would pay is	**$460**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Copayments	$300
Coinsurance	$200
What isn't covered	
Limits or exclusions	$0
The total Joe would pay is	**$500**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$0
Copayments	$300
Coinsurance	$90
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$390**

The plan would be responsible for the other costs of these EXAMPLE covered services